



A message from Miss McCrory

Space is a combination of both the PSHE and RSE curriculums within our school. I both feel passionately that our curriculum enables children to be successful learners who are prepared for change and are confident individuals, ready to contribute to society. I believe that this strong foundation will set them up with the skill they need for the rest of their lives.

Design and Purpose

To provide intentional experiences for children related to Space to help prepare them as life- long learners. Children will, have a sense of wellbeing; develop resilience and character through a bespoke, age appropriate programme to become a happy, successful and productive member of society.

All Space lessons are relevant to the real world and real life situations making links to other aspects of the curriculum and learning and life skills. This is particularly important with reference to Covid-19, allowing for discussion and questioning in a safe environment. A focus on mental well-being is central in these subjects and children should be aware that this is as important as physical health.

Space should teach about the key building blocks for healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside essential understanding of how to be healthy.

Termly Reflections

Across the year groups, in RSE, there is a strong focus on identifying positive friendships and relationships. They use scenarios to help them understand how they can be a good friend as well as what makes somebody a good friend to them. There is also a strong focus on 'feelings' and how to deal with them in different situations. Across the spring term, there is a strong focus on celebrating differences. Children will explore stereotypes and reflect upon what makes themselves special. E-safety is a continual focus throughout the year and they will discuss who they can go to if they need support. In the summer term, children learn about the body. The content is built upon as the children move up through the school and covers body parts, changes and how to look after your body.

The PSHE curriculum is made up of three strands. Health and wellbeing, which looks at healthy diet, sleep and exercise. Relationships, which focuses on understanding others perspectives and developing cohesive relationships. Living in the wider world, which develops understanding of why rules are important, how we can contribute effectively to society and an appreciation of the place of money in our society.

Difference

How it helps children to be...

Successful learners – The curriculum helps children to have a good understanding of their own feelings as well as recognising those of others.

Prepared for change – The children will be able to adapt to different life situations and have the skills to mend or change relationships that are not making them happy.

Active Citizens - By celebrating individuality and difference, the children will grow confidence to express their opinions and share their passions with enthusiasm and pride.

Confident Individuals – They have the opportunity to express themselves in class discussion and be proud of their similarities and differences and how this enables them to be global citizens.

Effective Contributors – They will develop the skills to articulate their thoughts and views with maturity whilst being able to respect other people's views. They will be able to work well with different children in the classroom, enhancing their learning.

Useful websites

www.fpa.org

www.pshe-association.org.uk

www.mentalhealth.org.uk

Gallery