



EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

Secondary ready

Summer
Naming body parts

Summer:
Positive body image

Summer-
Keeping clean and
Taking care of myself

Autumn:
Body Care

Autumn
Body care

Summer
My personal and
Private body parts
Female

Summer
My personal and
Private body parts
Male

Summer-
My body- Puberty

Summer-
Life cycles-
How babies are
born and multiple
births

Summer-
Life cycles-
How babies are
Made - intercourse

Summer:
How babies are
Made- fertility

Summer-
My body- Periods

Summer:
My body- wet
dreams

RSE – My Body

EYFS

Year 1

Autumn:
Friendships and feelings-
Friends

Spring-
Different families

Year 2

Autumn:
Relationships-
Different families

Spring:
Me, myself
And I

Autumn:
Getting on with our
families

Autumn:
What makes a
Good friend ?

Summer:
Gender stereotypes

Year 3

Spring:
What to do if we are
sad?

Year 4

Autumn:
Friendships and
Secrets?

Autumn:
Peer pressure?

Summer:
Life cycles

Year 5

Summer:
Gender stereotypes
Discrimination

Spring:
Talking to people
About how we feel

Year 6

Secondary
ready

RSE Friendships and relationships

EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

Secondary ready

RSE- Keeping Safe

Spring:
Keeping safe-
People who can help
me

Spring:
Is it risky??
Photos of myself

Spring-
Is it risky? Identifying
risk

Spring-
People who can help us
On and offline

Spring:
Keeping safe out and about
And keeping safe online

Summer:
My personal and
Private body parts

Spring-
Keeping safe:
People who can help
me

Online technology
Cyberbullying

Spring-
Good and bad touch

Spring:
Online technology-
Social networking
And sending photos.

Spring:
Keeping safe-Saying
no