



# Darlinghurst Academy

## children's policy

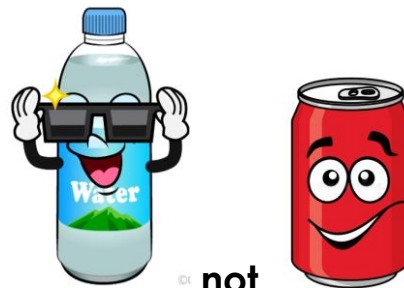


**We are a healthy school.**

**We learn about healthy eating and how to Eat Well.**



Our Lunchboxes should be a health balance of food types.



or not

**We are an eco-school and encourage reusable containers**



and



**natural wrappers!**

**To keep everyone safe – we are a nut free school!**



We like Snack Time! Here are some healthy snack options:



You could even have a yogurt, fruit bar or add a dip to your breadsticks or veggie sticks.

We like to have a treat too and now we have...



Treat



Tuesday is **NOT** ...



Or a snack pack or snacks to share with friends.