

June 2024

Dear parents/carers,

During this half term, starting from Monday 15th July, we will be delivering Relationships and Sex Education (RSE) lessons in Year 5. These lessons will address the following themes

- **Keeping safe: safe and unsafe touch**
- **My body: Puberty**
- **My body: Periods**

It is important, at this age, that children have a clear understanding of these topics. The sex and relationships education programme at Darlinghurst aims to be a sensitive and responsible one, which is set in a moral and social framework. It also aims to meet the statutory provision, outlined in government guidance and the national curriculum for science. At Darlinghurst, we teach RSE using the Yasmine and Tom program. If you would like to view the school's RSE policy, please visit our school website using the following link:

<https://darlinghurst.uk/Home/our-school-policies>

In addition to viewing our policy, we would like to invite parents of Year 5 children to come in and view the resources that will be used to deliver the RSE lessons.

Venue: Year 5 classrooms

Date: Monday 8th July

Time: 4.00pm till 4:30pm.

Whilst we would encourage participation from every child, as a parent or carer, you do have the choice to opt your child out of these sessions; alternative PSHE sessions will be delivered. Should you wish to opt your child out, please contact the school office by **Friday 12th July** at generalenquiries@darlinghurst.co.uk.

Yours sincerely,

Mr Dunne and Mrs Lee