

July 2024

Dear parents / carers,

The week beginning 8th July 2024 we will be delivering relationships and sex education lessons in Year 4. These lessons will address the following themes,

- My personal and private body parts
- Keeping safe

The lessons include learning the correct anatomical names for male and female private parts including discussion on how families may have different names for these areas. We cover the importance of knowing the correct names for private parts and when we may need to use these for example talking to a doctor. We will also be covering the concepts of safe touch, personal space and consent. In the keeping safe lesson, we explore the concept of 'risk' and how to manage this.

It is important, at this age, that children have a clear understanding of these areas. The relationships and sex education programme at Darlinghurst aims to be a sensitive and responsible one, which is set in a moral and social framework. It also aims to meet the statutory provision which has been outlined in various government documents and the science curriculum. Our resources are all provided by The Family Planning Association and the program we use is called 'Yasmin and Tom'. We are holding a workshop for parents **on Thursday 4<sup>th</sup> July 3:30pm** where you will be shown the Yasmin and Tom material and can ask questions. Please see 'frequently asked questions' sheet attached to this letter for reference.

Whilst we would encourage participation from every child, as a parent or carer, you do have the choice to opt your child out of these sessions. Should you wish to opt your child out, please contact the school office by Friday 5<sup>th</sup> July at [generalenquiries@darlinghurstacademy.org.uk](mailto:generalenquiries@darlinghurstacademy.org.uk)

Yours sincerely,

Year 4 teachers

Mrs Clarke, Miss Carey, Miss Salter

## **RSE frequently asked questions**

- 1) What is RSE?  
RSE stands for Relationship and Sex Education. It is always factual and taught in a scientific manner.
- 2) How is RSE taught?  
We have a programme of activities that are taught each year using an online resource called Yasmin and Tom.
  - My personal and private body parts
  - Keeping safe

Guidelines are set with the children to establish rules for the lessons. These would include not asking personal questions of the staff and directing anything not on the curriculum back to parents to answer.

- 3) Are girls and boys taught RSE together?  
Both sexes are taught together to receive the same information and dispel any myths.
- 4) Who will be teaching RSE  
Each class teacher will teach the sessions.