



Communication is a priority for us once again this year, we will communicate to parents and carers using **School Ping**. In addition, we use **Twitter and Instagram** to share what's going on within the Academy daily. Please make sure you are following us **@Darlinghurstsch** on Twitter and **@DarlinghurstAcademy** on Instagram

Message from the Principal

Dear parents, carers and children,

I wanted to start this week's news and views with a huge well done to everyone. Well done for facing new experiences and working together. I know that families are juggling home life and home learning, along with other demands and trying to keep each other happy and safe. From my own personal experience there has been a whirlpool of emotions and experiences. It is so important to keep mentally positive and brave. At school we talk about finding your inner brave and believing in the power of possibility. Self-belief and emotional resilience is so important. Mr Turner has included an extract about emotional resilience in today's edition.

I would like to share a few important things with our children:

- don't be frightened. You may hear some things that you are worried about. Tell someone you trust about your worry and let them look after it for you. Mrs Wheeler is available to listen too and you can send her your worries via DB Primary.
- there are good things happening too. The environment is getting a bit of a rest, and, who knows, maybe we can work out a new way of doing things in the future because we have learned from our experiences. For example, with the world slowing down, people are talking to each other and offering to help each other more. We talk often talk about random acts of kindness and how kindness can spread. Let's continue to spread smiles and kindness around the world. Love can heal a land.
- Even though you will be missing school (we miss you terribly too), you can still learn and try your very best- believe you can and you will! You are a special bunch. Think back to our banana's assembly.
- Your teachers are thinking about you everyday. We have already laughed at the funny things you have done and shared with us. We talk about you! We wonder how you are doing and trying your best with your learning at home. The teachers will carry on planning learning for you and look forward to carrying on sharing experiences with you. They are a creative team. Look out for Easter fun and after the break get back on board with the new learning they have planned for you.
- Keep singing, playing, making, drawing, problem-solving and learning about our amazing world. We learn the most from new experiences and challenge, we learn from mistakes. Remember our logo- little boat, ready to set sail on new adventures into the unknown and on the open seas. You are adventurers, you are our stars, so shine bright and keep your sparkle!



A final message to our parents, thank you for your engagement. Your likes and comments on our social and online platforms are motivating to each other and to our teachers. It keeps us connected. Have a wonderful Easter.

Stay safe,

Mrs Nicholls



What have you missed out on **Twitter and Instagram** this week?



Darlinghurst Academy @DarlinghurstSch · 23h
Story time with Darlinghurst.
Are you sitting comfortably?
Then let us begin...
[instagram.com/tv/B-eZhLAlEza...](https://www.instagram.com/tv/B-eZhLAlEza...)



What is Resilience?

Resilience is not fixed, it can be developed by anyone.

The word "resilience" may bring to mind people who are always calm in adversity but resilience is not the absence of stress or trauma — resilience requires stress or trauma.

At Darlinghurst, we constantly remind children of key messages that help them develop important emotional skills.

- You are in control of your life
- You have value and are worthy
- You can do what you set your mind to
- Try to understand and manage your emotions
- Be positive and hopeful: engage in life and look forward to the challenges it brings
- Be grateful and appreciative
- Develop SMART goals: set goals that are specific, measurable, achievable, realistic, and time-limited
- Try to be flexible and adaptable in your thinking – things change!
- Have a positive, optimistic style when explaining things: choose to see the glass as half-full rather than half-empty



Evidence shows that children learn so much by mimicking their elders. They pick up on their attitudes to things too.

So, share these messages with your children often, even if you find some of these things difficult yourself.

As much as possible, try to hide your stresses from them and shield them from the pressures of adult life.

Of course, if you do find being resilient yourself a challenge, remember that resilience can be learned, the brain can be trained – even in adulthood!

Mr Turner



Messages from Year Leads

Hello from the Early Years team,

We are very busy posting many different activities and challenges each day on Tapestry for everyone in nursery and reception. From the photos you are sending us back, we know you are having fun joining in and learning with your families. Reception children are also learning by using DB Primary, completing the challenges and trying to beat our own times for the maths activities. We have been doing daily exercises, keeping up with our phonics and handwriting both numbers and letters. We have had some great creative challenges to complete, treasure hunts and stories to listen to. We have loved learning about butterflies this week and look forward each day to seeing the photos of Jude and Isla's caterpillars as they develop through their life cycle. Keep yourselves safe and well and enjoy learning in a different way, from **The Early Years team**

Hello from the Year 1 team,

We hope that you are all safe and well. The team have posted many fun activities on DB Primary for the children to have a go at. They will be measuring mass; designing a new bedroom linked to the story 'Where the Wild Things Are'; learning about the Easter Story and have been given lots of ideas for Easter crafts and cards. We have also suggested ways for the children to take part in mindful moments and to complete a life skills challenge. There are also activities linked to singing, dancing and art. Please send us photos of all the fabulous work your child completes or activities you have done as a family, we would love to see what they have been up to. Let's push to be the most engaged year group after the Easter break. Take care and stay safe. With our best wishes, **The Year 1 team**

Hi from the Year 2 team,

Firstly we want to say thank you to all of the families who have been logging on to DB Primary so far. It has been wonderful to engage with you all and lovely to see what you have been getting up to. A big thanks as well to the families who have been emailing in to stay in touch. We hope that you have been enjoying story time, we certainly have had fun recording the videos! Keep your eyes peeled for our Easter fun challenges that will be going up on DB Primary at the end of the week. We hope you enjoy doing them and sending us the evidence (the teachers will be taking part too!) Much love, **The Year 2 team**

Greetings from the Year 3 team,

First of all, we would like to thank all the children, parents and carers that have managed to log on to DB Primary, completed tasks and shared some of their fantastic work with us. We know at times it can't have been easy but we are aware that you are trying, so well done.

You have certainly been busy bees this week when it came to your board games with some great examples sent in! We look forward to seeing more over the coming days.

We've noticed that some of you are following your own learning tasks too. Keep emailing those in as we can show some of the wonderful creativity that is going on around this difficult time.

Your commitment to learning is amazing as we can see that most of you are using DB Primary, Accelerated Reader and TT Rockstars. Keep it up! Mr Cauchi has set up another Battle so don't forget to keep ROCKING!!! For the Easter break, we've set you a great creative task around an Easter garden theme which we know you'll enjoy designing and creating.

Check out the Easter tab on the Year 3 homepage for more details and send us your fab creations or just keep in touch through the blog. Take care and stay safe. **The Year 3 team**

Hi from the Virtual Year 4 team,

Surfing through DB Primary, we have been committed to providing you with the learning needed to ensure that you keep your children's brain active while learning at home. This week we have provided parents with tips on how to manage the activities that we have set. On DB Primary, we want parents to encourage their children to think about the vital 'learning and life skills' which focus on emotions. It is important that your child is in



the right state of mind and is communicating with you effectively. We have put strategies on the page to help you. Also, please look at the book 'The Huge Bag of Worries' (Link on page to read book together) and discuss the following points – Deal with worries one at a time, give others back their worries and kiss some worries that don't matter good bye!! These strategies should help to support you in setting up a happy learning environment. Rock on!!! I'm sure you have seen Dennis Diamond promoting the Rock Star Battle. Please encourage your children to join in working together as a class team, which will give them more of a chance to win. Remember to keep up the daily reading and where possible link your books to Accelerated Reader. We will put up some choice activities for you over the Easter Break as we normally do for the holidays. Wishing you a peaceful and possibly creative Easter. Take Care – **Mr Cauchi and Year 4 team**

Hi from the Year 5 team,

Firstly, we would like to say thank you to all the children (and their families) that have been logging on to DB Primary throughout the last two weeks! We are so proud of each and every one of you and the way you have tackled the tasks that have been set. We are super impressed with the work that we have seen and we know there has been lots more going on too! Thank you to all the children that have engaged in the daily riddles and thunks and to those that have sent us pictures of their DT projects, creative writing and poetry, baked goods and their music videos. We also know that there are some children that are going above and beyond, challenging themselves by joining online writing groups, completing extra Maths challenges and reading harder books. We want to say well done to everyone, we hope you have a fantastic Easter break and we look forward to working with you all again in a couple of weeks. **The Year 5 team**

Dear Year 6 parents,

Thank you so much for all the hard work and dedication you have shown in supporting your children's learning. The team have really enjoyed reading the paragraphs of writing that have been sent through to them. The class teachers have been monitoring children's participation through the tasks and activities set. Please ensure you read and work through the daily timetable of activities that are posted on DB Primary each morning. This week, we are posting some topic activities to complete our 'Lady of Shallot' topic and our RE focus of Judaism. As well as the academic, we would like to encourage the children to take in several doses of physical activity throughout the week. On the blog are ideas for activities indoors and ideas for non-screen activities to refer to. We all hope you are all safe and well. Best wishes from **The Year 6 team**



At Darlinghurst we know that A to D leads to E and we want to celebrate excellence together. Your child's achievement could be anything from learning to bake through to playing a musical instrument or mastering skipping. You may want to celebrate their confidence or creativity, their determination towards trying something new or taking a risk. Let's give them a 'shout out!' If you would like to nominate your child for Celebrating Excellence, please send your nominations to mrsocarroll@darlinghurst.co.uk

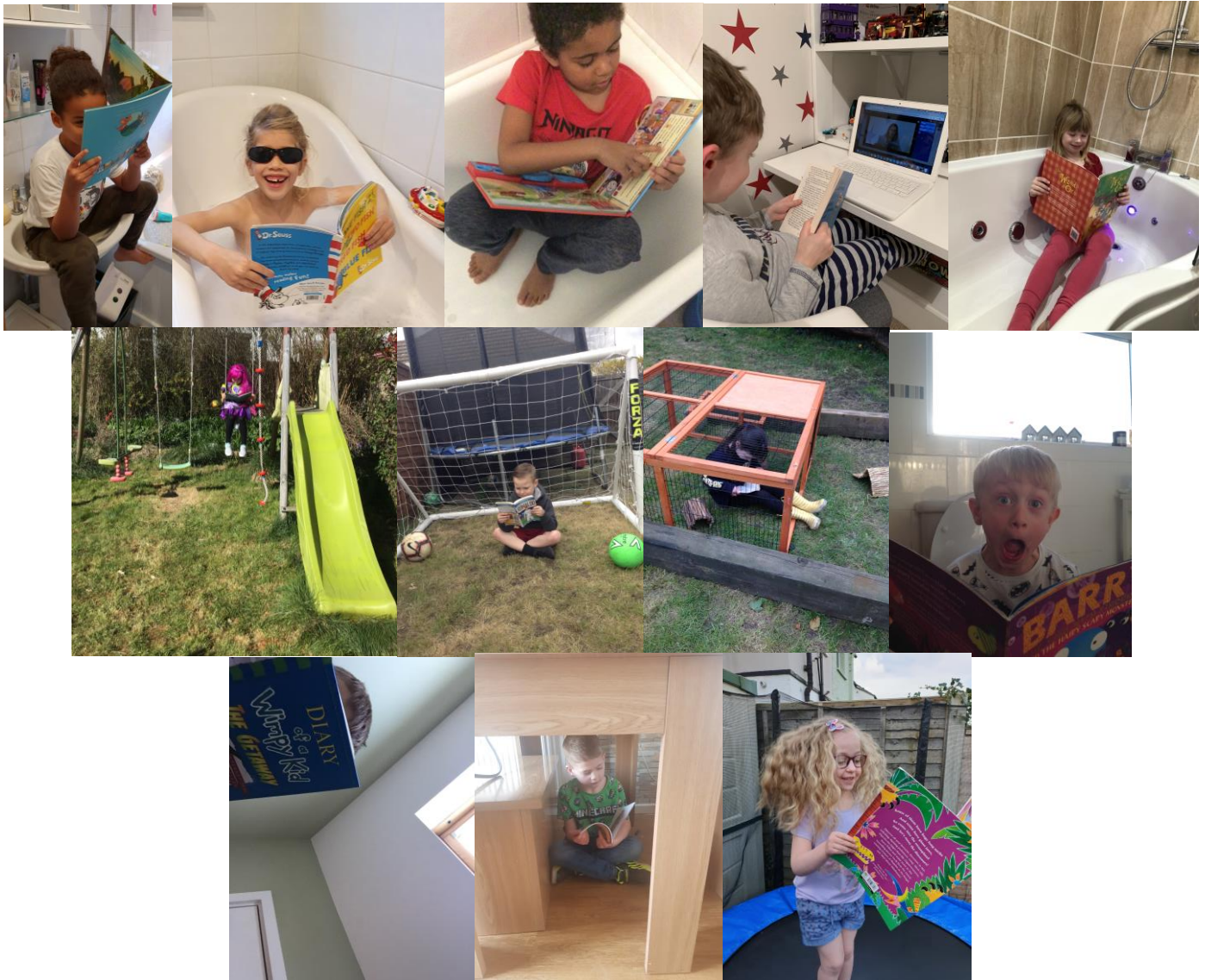


During the Easter holidays we will have a daily 'Easter Hunt' on Instagram. Follow @DarlinghurstAcademy to join in the fun!



Reading Challenge

A big well done to all the children who took part in Miss Lynch's first reading challenge. She was very impressed with all the unusual reading locations you were able to find!





Learning at Home

