



Communication is a priority for us once again this year, we will communicate to parents and carers using

School Ping and My Child At School.

In addition, we use [@DarlinghurstAcademy Instagram](#) to share what's going on within the Academy daily and class and year group news on [DB Primary](#)

October events

- Hello Yellow – Monday 10th October
- Open evening – Thursday 13th October 4:15 – 7pm
- Harvest Festival – Friday 14th October – all items will be collected by Mr Cauchi
- Flu immunisations - Wednesday 19th October (please return consent forms to the office by the 12th October)
- Half term 24th October – 4th November (full school day on Friday, 21st October)
- Pre-loved uniform shop – Thursday 20th October 3:30pm – 4pm

Save the date for November

- Tea & Talk – Nursery – Tuesday 8th November 8:45am
- Year 1 – 6 - Parent consultations Tuesday 8th and Wednesday 9th November – further details to follow
- Individual and sibling photos – Wednesday 9th November
- Tea & Talk – Year 6 SATs – Tuesday 10th November 6pm
- Tea & Talk – Phonics in Reception – Tuesday 15th November 8:45am

Principal's message

Dear parents/carers,

This week children and parents have been travelling to school by bicycle, scooter or swapping a car journey for pedal power. Some parents have been parking a little away from school and then travelling the rest of the journey on scooters or foot. All in support of Cycle to School week. Thank you for sharing your pictures!



We have also had continued donations for our Harvest Collection and I know that Mr Cauchi will be extremely appreciative of the support from Darlinghurst families. Every donation makes a difference.



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On Monday we are supporting two charities that support the wellbeing and mindfulness of others. Hello Yellow and Just one Tree. Children and staff will start the week with additional yellow accessories to their uniform to raise the profile with donations via parent pay to support the charities.

At Darlinghurst, we recognise the importance of Emotional Health and well-being, promoting sustainable health behaviours amongst children and staff. Every day children engage in the mindful minute and have calm spaces to support relaxation. Within the curriculum, lessons and conversations the importance of healthy relationships and healthy living – including healthy eating and active lifestyles. It was wonderful to see a large number of children at Running Club again and the team are intent on reaching 100 runners!



This week in Outdoor Learning, Miss Arnold and the children have been looking at leaves and which trees they fall off in Autumn. Miss Arnold said 'the children have been creating their own Autumn menu in the mud kitchen. We looked at how leaves change colour and we made our own trees in the well-being garden. We also created an Autumn menu of stick spaghetti and pine fine soup.'



This week our Cross Country squad were in action at the SPSSA's annual competition. This is a very large event with over 2100 children from various local schools taking part over the course of the day. Each year group have an



individual girls and boys race with in excess of 120 children on each start line. With the wind blowing a gale across the Garon's track, each of our squads took their places on the start line. Mr Felton shared 'I am incredibly proud to say that every one of our children finished and did so with a huge smile on their face. Many of them ranking high in what turned out to be a very competitive competition. As always, our children demonstrated all of our school values throughout the day with the year 5 girls in particular, showing great belonging by waiting on the finish line for each other and finishing their race off with a group hug. Well done to all involved!'



Some of our year 4 children had a visit from a history expert this week. The children learnt about Anglo Saxon and Celtic artefacts then had an observational drawing and painting workshop where they had the chance to draw and paint the objects, which were replicas of originals from Southend museum. This gave the children a chance to express art skills as well as embed and gain historical knowledge, which is explored in ODL and Art classes. The children experienced a truly enjoyable afternoon, which was a continuation of a history workshop and part of our ongoing commitment to further combined Art, ODL and history collaborations.



We were delighted to welcome so many parents back in to school this week for Tea and Talk sessions on Times Tables Rock Stars. Mr Turner talked through the progression in multiplication as our children move through the academy and national expectations, highlighting the difference mathematical fluency makes to children's confidence in and enjoyment of maths. We spent time looking at the different TTRS game modes, how each helps children at different stages of their journey to becoming fluent in their tables as well as other strategies to support them at home too. There were lots of good

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questions and myths such as 'it is cheating if tables are printed and put up on walls to help' were happily dispelled. Thank you to Mr Turner and all the parents and carers who attended and thank you to everyone else who helps their child to play regularly – it makes a great difference

As always, enjoy your family time together

Mrs Nicholls

Open Evening

On Thursday 13th October we will be holding an open evening for prospective parents, please be aware that there will be no after school provision or after school clubs on this date.

Attendance

KS1

Albatross 99.1%
Shrimp 95.5%



KS2

Seashell 99.3%
Stingray 98.3%

Proud to be me

We have been celebrating lots of achievements this week with visits from Sophia, Roxanne, Evie, Ruby, Asia and Stellan. Well done!





World Mental Health Day



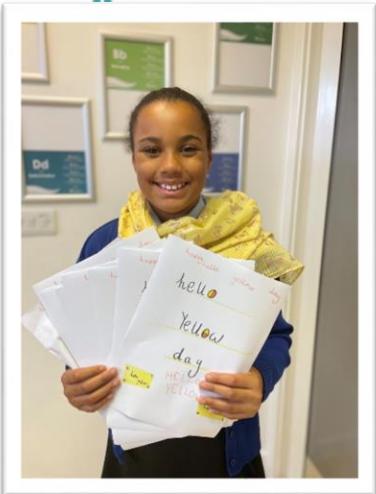
This week in assembly we have been sharing with the children the benefits of the support that the two charities [Young Minds](#) and [Just One Tree](#) provide.

On Monday 10th October, along with thousands of schools across the country we will be celebrating World

Mental Health Day to raise vital funds for Young Minds as part of their [#HelloYellow](#) campaign. Let's show young people they're not alone with their mental health and that it is okay not to feel okay and sometimes we all need help with our emotional well-being.



As an eco-school, we also recognise the importance the natural environment has on our mental health and wellbeing. As a result, we will be combining [Hello Yellow](#) Day with [Just One Tree](#) Day.



This Monday wear your yellow socks, scarf and hat and accessorise your school uniform (school uniform should still be worn)

Saying [#HelloYellow](#) this World Mental Health Day is a little thing we can do to make a **BIG** difference to young people's mental health and helping to plant trees will make a **BIG** difference to our planet and our future emotional wellbeing.

Let's achieve happiness together.

All donations can be made through Parent Pay (minimum £1) and will be split between the two charities.



What have you missed on Instagram this week?

