



# PE KS1 Overview



Faith & Wellbeing	Autumn		Spring		Summer	
	1	2	1	2	1	2
<b>Reception</b>	Agility/Balance/Co-ordination	Gymnastics/Movement Development	Health Related Fitness	Ball Skills	Athletics/Sports Day Preparation	Games (throwing and catching)
<b>Year One</b>	<b>ABC</b> Throwing/Catching	Gymnastics	Health Related Fitness	Invasion Games	Athletics/Sports Day Preparation	Striking and Fielding (3 tees Cricket)
<b>Year 2</b>	<b>ABC</b> Bat & Ball skills	Gymnastics	Health Related Fitness	Invasion Games	Athletics/Sports Day Preparation	Striking and Fielding (3 tees Cricket/Rounders)

# PE KS2 Overview



Faith & wellbeing	Autumn		Spring		Summer	
	1	2	1	2	1	2
<b>Year 3</b>	Passing & Receiving	Gymnastics Dance	Health Related Fitness	Hockey	Athletics/Sports Day Preperation	Cricket
<b>Year 4</b>	Invasion Games (Football)	Gymnastics/ Dance	Health Related Fitness	Netball/Basketball	Athletics/Sports Day Preperation	Tennis/Rounders
<b>Year 5</b>	Hockey	Gymnastics Dance	Health Related Fitness	Invasion Games (dodgeball)	Athletics/Sports Day Preperation	Rounders
<b>Year 6</b>	Invasion Games (dodgeball)	Gymnastics Dance	Health Related Fitness	Netball/Basketball	Athletics/Sports Day Preperation	Cricket / Rounders