



## Antibullying Policy for Children at Darlinghurst Academy

### Our values and beliefs

- At our school we believe that every child and adult has the right to be respected, valued and nurtured and therefore bullying is unacceptable
- Children who feel bullied have the right to be supported

### What is bullying

**Several**

**S.T.O.P**

**Times**

**On**

**Purpose**

Bullying is an intentional act which is used to hurt someone in a physical or emotional way. Bullying means hurting someone more than once; it is not something that happens only once or is an accident. Bullying can be done by one person or by a group of people. Here are some of the main types of bullying:

- Physical e.g. kicking, hitting and damaging other people's property
- Verbal e.g. name calling, threatening others and making offensive or unkind comments
- Indirect e.g. spreading nasty rumours, leaving someone out from social groups or gossiping about them
- Cyber e.g. sending nasty emails, online messages, texts or posting things on social media about someone else, as well as making nasty phone calls

In some cases bullying can be directed towards a group to which people may belong e.g. racial remarks, because of a person's religion or belief, homophobic or transphobic because of someone's sexual orientation or because they have a special need or disability.

## How do we prevent bullying

At Darlington we know that bullying happens but we also know that it is unacceptable and we want to **stop** it completely. We strive to create a learning environment that nurtures, cares and supports all children. Our aim is to create a safe and respectful learning environment

- The Junior Governors regularly discuss ways in which they can promote and support anti-bullying around the school
- Assemblies are held and some lessons focus on ways to remind children that bullying is unacceptable

## What happens when someone is being bullied?

- Any child who is bullied will be supported and reassured that they don't deserve to be bullied and that it is not their fault. They will be involved in the investigation and in making choices about how to resolve the matter
- Bullies will be spoken to and their parents informed. They will be supported to change their behaviour and may also miss break and lunch times
- We have lots of trusted people to go and talk to; teachers, LSAs and Mid Day Assistants who will listen to the children
- Children who are being bullied must tell someone

**Start**                      **Telling**                      **Other**                      **People**

## Our responsibilities

- Act in a respectful way towards each another.
- Tell someone if they are being bullied or have seen someone else being bullied.
- Support each other and ask for help to make sure that everyone feels safe, and nobody feels left out.

