

KS1 Long Term PE Plan 2024-25

	Autumn		Spring		Summer	
	1	2	1	2	1	2
Reception	Agility/ B alance/ C oordination	Gymnastics/Movement Development	Health Related Fitness	Ball Skills/Me & Myself	Athletics/Sports Day Preparation	Games (throwing and catching)
Year One	ABC Throwing/Catching	Dance	Health Related Fitness	Gymnastics	Athletics/Sports Day Preparation	Striking and Fielding (3 tees Cricket)
Year 2	ABC & Ball skills Bat	Invasion Games (Dodgeball)	Health Related Fitness	Gymnastics	Athletics/Sports Day Preparation	Striking and Fielding (3 tees Cricket/Rounders)

KS2 Long Term PE Plan 2024-25

	Autumn		Spring		Summer	
	1	2	1	2	1	2
Year 3	Passing & Receiving	Gymnastics & Dance	Health Related Fitness	Quick Sticks Hockey	Athletics/Sports Day Preparation	3 Tees Cricket
Year 4	Invasion Games (Football)	Gymnastics/ Dance	Health Related Fitness	Netball/Basketball	Athletics/Sports Day Preparation	Tennis/Rounders
Year 5	Hockey	Invasion Games (Dodgeball)	Health Related Fitness	Gymnastics	Athletics/Sports Day Preparation	Rounders
Year 6	Gymnastics	Invasion Games (Dodgeball & Hockey)	Health Related Fitness	Netball/Basketball	Athletics/Sports Day Preparation	Cricket/Rounders