

March 2019

Dear parents and carers,

Drinking a portion of milk at mid-morning break offers protein, calcium and other vital nutrients, important for children's growth and development. It can also be a sensible way to bridge the gap between breakfast and lunch.

Currently children under the age of 5, have been receiving free milk at school, funded by the UK Government's Nursery Milk Scheme.

When your child turns 5, this funding stops but we understand that the children still like to drink milk from cartons with their friends and parents may wish them to continue to do so.

Therefore, if you would like to buy milk in cartons yourselves for your child when they are 5 years old, we will be happy for them to drink it at snack time.

Please give the carton of plain milk, not flavoured, to your child each day with their name clearly written on the outside as we only have fridge space to able to store the milk needed for that day. For you to judge the best amount, milk in the cartons at school is 200ml.

Currently, milk is only drunk in nursery and reception. In Y1 and above, only water is available.

Kind regards,

Jan Dutton

Assistant Principal