



Message from the Principal

Dear Parents, carers and children

At Darlinghurst we are keen to **raise awareness about the world around us**, including some key issues, educating our children through assemblies, activities and learning inside and outside the classroom. We carefully thread this within our curriculum, reflecting British values and our Academy Values.

We raise awareness of;

Global, local and personal issues, such as;

The penguin Waddle, to raise awareness of endangered penguins in Africa.

Our harvest collection for Harp, to raise awareness of homelessness.

Raising funds and support for McMillian Cancer.

Mental health awareness and mindfulness.

We continue to focus on these topics, through engagement and contact with Joanna Loman, currently in Africa, supporting the Penguins.



We are providing lessons and assemblies about homelessness and the importance of a home, with the aim of breaking down barriers and misconceptions around homelessness.

We continue to fundraise for charities. We recognise the support that McMillian provides to adults, children and families.

On Thursday 11th October our children took time to stop, think and reflect on themselves and their thoughts by participating in a meditation session.

We recognise that young people face new pressures which seem completely different to those in the past, living in a fast changing world.

Together, we want to ensure our children are safe and happy, including a focus on healthy bodies and minds.

All of these topics and more are part of our SMSC provision. (spiritual, moral, social and cultural development).

Talk task:

Please could I encourage parents to talk about some of these key topics. We will share supportive materials and advice within news and views for you to use, if you wish.

This week, let's talk about mental health.

For our children:

Children's mental health week 2018 highlighted the importance of 'being ourselves'. Here at Darlinghurst we embrace our differences, knowing that we are all unique and special, with a tolerance of others (British Value – mutual respect and tolerance).

Remember to be a good person, kind and respectful to others. Make our school a caring and welcoming place by showing a sense of belonging

Bottling up your feelings- chances are that these feelings won't just go away on their own. Talk to someone you trust. Perhaps use a worry box.

Too much screen time - this can affect your sleep so try to wind down at night without it and don't feel pressured to always be reading, watching or playing something. Sometimes it is more useful to stop and have some quiet time.

Did you know we are running a mindfulness club?

Mrs Scott will be holding mindfulness colouring class starting on Monday 5th November an extra-curricular club for pupils. This is a first come, first served basis (for a maximum of 30 pupils).

For our parents:



**WE ARE
MACMILLAN.
CANCER SUPPORT**





Mental Health First Aid (MHFA) has some amazing resources for parents which are easy to view and share and downloadable for you, as parents, to take away.

Suggestions for parents from the MHFA - how you can talk to your child about their mental health:

Create a safe space. Give you and your child plenty of time to talk so they know you are not in a hurry and they feel listened to. Make sure they know they are not in trouble.

Ask questions. How long have you felt like this? How can I help you? What seem like simple questions can really make your child feel valued.

Accept them as they are. Respect their feelings, with openness.

As always, enjoy your family time together.

Mrs Nicholls

Cover Tutors

At Darlinghurst Academy we have our amazing cover tutors who know our children and provide consistency in lessons when our teachers are absent or require release time.



Mrs Bush joined the cover team in September following the retirement of Mr Bird and Mrs Burns and previously worked at Darlinghurst as an LSA. She provides cover across the entire school on a full time basis. Mrs Bush loves getting to know the children in different year groups. She enjoys the variety in topic lessons and how the children engage in the diversity.

Ms Thomson has been a full time cover tutor at Darlinghurst for 18 years. After the October half term, Ms Thomson will be working three days a week. Ms Thomson has a love of reading and has enjoyed watching the children grow through her years at Darlinghurst.

Mrs Cornish provides cover at Darlinghurst three days a week and has worked at Darlinghurst for 19 years. She usually covers in Key stage 2 and enjoys working with this age group.

Miss Charles works at Darlinghurst as an LSA and has recently joined our cover team on a flexible basis in year 1. She has worked at Darlinghurst for 5 years. Miss Charles enjoys phonics and watching the children progress through the reading curriculum.



News

EYFS

This week we have been exploring feelings in **Nursery**. The children have had puppets to play with that portray emotions, sad, happy, excited, etc. We have been asking the children how they feel and what their face would look like! We have been discussing how being kind helps others feel happy and how being grumpy can make others feel sad. We have been looking at autumn colours in art, and learning about what happens in autumn. Maybe you could ask your child to tell you about autumn as you walk home, you could also collect items for our autumn table. Could we also remind you to send your children in with coats and jumpers, as the weather is prone to change at present and we spend lots of time outside. **Nursery Team**

In **Reception** this week, we have shared lots of Elmer stories and have thoroughly enjoyed discussing them in detail. We thought about the different characters in the stories, the various settings and the story language used. Linked to Elmer we have explored patterns in the environment and made lots of our own patterns using various construction activities, such as Lego and peg boards. Today we have had our first Outdoor Learning Day using different areas of the school grounds to engage in various activities, which included making a nature hunt hat. We all had a wonderful week!



Next week we shall continue to link our learning to Elmer thinking about number, shape, size, feelings and story language. We hope that you all have a lovely weekend. **The Reception Team**

KS1

Year 1 have enjoyed reading and retelling an *Old Bear* story this week. Can you tell your parents/carers what happens in the story; how do the toys rescue Old Bear in the end? As part of our Black History Month celebrations this week at Darlinghurst, we have also looked at toys around the world, with a focus on the toys that children in Africa and the Caribbean like to play with. This week we also enjoyed beginning our rolling module 'What's the weather like today?' that we will continue to visit throughout the year. We went on a walk around the school grounds, observing seasonal changes around us. What do you notice outside of school now that the Autumnal weather and changes are setting in? **Miss Riley and Mrs Dupuy, Pelican class**

This week, **Year 2** have been learning to add and subtract problem solving question by using the bar model. The children have enjoyed drawing the bar models and writing on jumps and numbers plus creating equations to answers the problem solving questions. **Miss Carey Shrimp class**
Maths was amazing! **Miller R, Shrimp class**

KS2

This week, **Year 5** have been writing and learning about significant individuals in the Civil Rights movement from Malcolm X to Martin Luther King to Rosa Parks. The children have been amazed by the challenges these individuals have faced in order to experience the individual rights and freedoms we take for granted today. It's led to some interesting discussions surrounding politics and celebrating diversity and culture. **Mrs Powell, Poseidon class**

Author Visit On Monday afternoon, years 4,5 and 6 will be visited by Knife and Packer to talk to them about the creative process behind their books. They will be showing the children how they create their characters and doing a live illustration workshop where the children will get to join in. The visit has been organised in conjunction with Southend Library as part of the 2018 Children's Book Festival. Knife and Packer come highly recommended and their books are aimed at upper KS2 children. There will also be an opportunity for your child to buy a signed copy of their books after school priced at either £5.99 or £6.99 respectively.

https://www.youngwriters.co.uk/guest-author-interviews.php?page_id=knife-packer

<http://www.walker.co.uk/contributors/Knife-Packer-4976.aspx>

Bikes & Scooters Please remind your child that bikes and scooters may not be ridden within the school gates.

Lost Property The lost property box is for items where we cannot locate the child. We endeavour to return lost property to the child directly when the child's name and class is clearly marked. Please ensure your child's belongings are clearly marked with their name and new class on

Group	% Attend
JELLYFISH	97.9
STARFISH	93.7
PELICAN	96.1
PUFFIN	94
SEAGULL	94.3
LOBSTER	97.8
OYSTER	95.5
SHRIMP	96
DUNE	96.8
PEBBLE	94.2
ROCK POOL	97.8
SEASHELL	99.2
PORT JACKSON	97.1
REEF SHARK	99
SAND TIGER	96
WHITE SHARK	95.2
NEPTUNE	97
POSEIDON	93.9
TRITON	97.4
BEMBRIDGE	97.4
WILTON	98.5
MAYFLOWER	89.6
ENDEAVOUR	95.7
Totals	96.1

Well done to the winners this week. Keep up the good attendance aiming to keep hold of the title, looking forward to the results next week.

Come in to win



Is your child due to start school in 2019/20?



OPEN EVENING

Thursday 18th October 2018

4.00pm-8.00pm

- Take a tour of our classrooms and extensive grounds
- Participate in curricular activities with our teaching team
 - Sample food from our catering staff
 - Visit the Q&A hub

Don't miss the Principal's speech at 6:00pm plus much more



LoTc – Outdoor Learning this week

Year 1 - Were pretending to be trees losing their leaves in autumn with help from the wind



Achievement * Belonging * Confidence * Determination * Excellence

Is your child due to start school in 2019/20?

Prospective parent tours

October 16th – 10:00am-11:00am and 1:30pm-2:30pm

November 6th – 10:00am-11:00am and 1:30pm-2:30pm

November 12th – 10:00am-11:00am and 1:30pm-2:30pm

December 11th – 1:30pm-2:30pm

December 12th – 1:30pm-2:30pm

January 8th 2019 – 1:30pm-2:30pm

January 9th 2019 – 1:30pm-2:30pm

Tours can be booked via the school office or by emailing generalenquiries@darlinghurst.co.uk

Do you tweet?



Follow us @DarlinghurstSch

Tue 16 Oct
Prospective Parent Tours
Wed 17 Oct
Year 5 Mad Science Workshop
Wed 17 Oct
KS1 Reading Workshop for parents 8:45am -10:00am (School Hall)
Wed 17 Oct
Phonics Parent Workshop 2:15pm-3:15pm (Training Room)
Thu 18 Oct
ACADEMY Early Closure 1:45pm
Thu 18 Oct
Years 5/6 Girls Football (Len Forge Centre)
Thu 18 Oct
Open Evening For Prospective Parents (Darlinghurst ACADEMY)
Fri 19 Oct
The Academy Closes at 3:30pm for October Half Term
Mon 22 Oct – Fri 2 Nov
October Half Term
Mon 05 Nov
Remembrance Day Celebrations and Diwali Celebrations

Please visit www.darlinghurst.uk/calendar/ for future dates



Would you like to know how to help your child with reading at home?

Then come to a reading workshop for parents who have children in KS1.

The workshop will provide information on how phonics and reading is taught and support parents to create purposeful reading routines with children.

Wednesday 7th October
Session time 8:50am-10:00am

Tea and Coffee available from 8:40am

If you have any questions about the session, please contact:
Email mrssmith@darlinghurst.co.uk



Would you like to know how to help your child with reading at home?

Come to a phonics and reading workshop for parents who have children in Reception.

The workshop will provide information on how phonics and reading is taught and will support parents to create purposeful reading routines with children.

Wednesday 17th October
Session time 2:15pm-3:15pm

If you have any questions about the session, please contact:
Email mrssmith@darlinghurst.co.uk



Darlinghurst
ACADEMY

ARE PLEASED TO SUPPORT



FRIDAY 16TH
NOVEMBER

WEAR YOUR SPOTS
NON UNIFORM DAY

DONATIONS WELCOMED

The early bird catches...



Please encourage your child to be gentle with our early bird